

6th February 2026

This week, we have been reviewing our curriculum to make sure it continues to meet the needs of all our children across the school. We were delighted to welcome our Chair of Governors, **John Betney**, on Thursday. John has been part of our school community for almost **15 years**, starting when his eldest son joined our Reception class.

Governors play an important role in making sure our school stays on the right track and that every child receives a high-quality education.

One important area we focus on is **healthy living**—helping children and families understand how to make good choices for long-term health and well-being. This includes enjoying a balanced diet, choosing healthy foods, but having the occasional treat as well.

We've been asked to share again, guidance on how to pack a **healthy lunch box**, along with some simple alternatives to highly processed foods.

Many pre-packaged lunch-box items sold in supermarkets contain very high levels of **salt, sugar and fat**, and offer very little nutritional value. They can cost more than a school meal, which is **£2.80 per day**. Our school lunches meet strict nutritional standards to give children a healthy, balanced lunch every day.

We have included some helpful links for you to explore at home, and a **printed lunch box guide** has also been sent home with your child.

[Lunchbox ideas and recipes – Healthier Families - NHS](#)

Figure 1: foods high in salt, fat and sugar

[Healthier food swaps - Food facts - Healthier Families - NHS](#)

[75 Kids' Lunchbox Recipes | Good Food](#)

[Lunch Ideas For Kids | Recipes For Kids | Tesco Real Food](#)

The printed sheets are also on the bottom of this newsletter for you and can be found on these links.

[Eatwell Guide](#)

[A Healthy lunch box poster](#)

We hope you have a really good weekend.

Jessica Balado and the Thurlton Team





In our celebration assembly today the following children were celebrated:

	Star  Great progress	Superhero  Great attitude	Reader  Great reading	Writer  Great writing
Hedgehogs	Evie-Moon	Delaney	James	Carter
Rabbits	Hope	Evie	Maria	Henry
Badgers	Aaliyah	Zachary	Lilli	Maggie and Arthur

Dates for week beginning 9th February

Monday	9 th	
Tuesday	10 th	Safer Internet Day
Wednesday	11 th	Mr Reeve in school for PE and dodgeball after school club
Thursday	12 th	
Friday	13 th	Forest school for all classes

Half-term holiday:
Monday 16 - Friday 20 February 2026

Other useful information

After school sports club – We will be running dodgeball again next half term. This will run from 25th February to 25th March. The cost will be £20 per pupil. Places are limited. To enrol please complete the attached booking form and pay on Wisepay, under the general payments tab.

Letters sent home this week:

If you require a paper copy of any information please let Mrs Payne know.

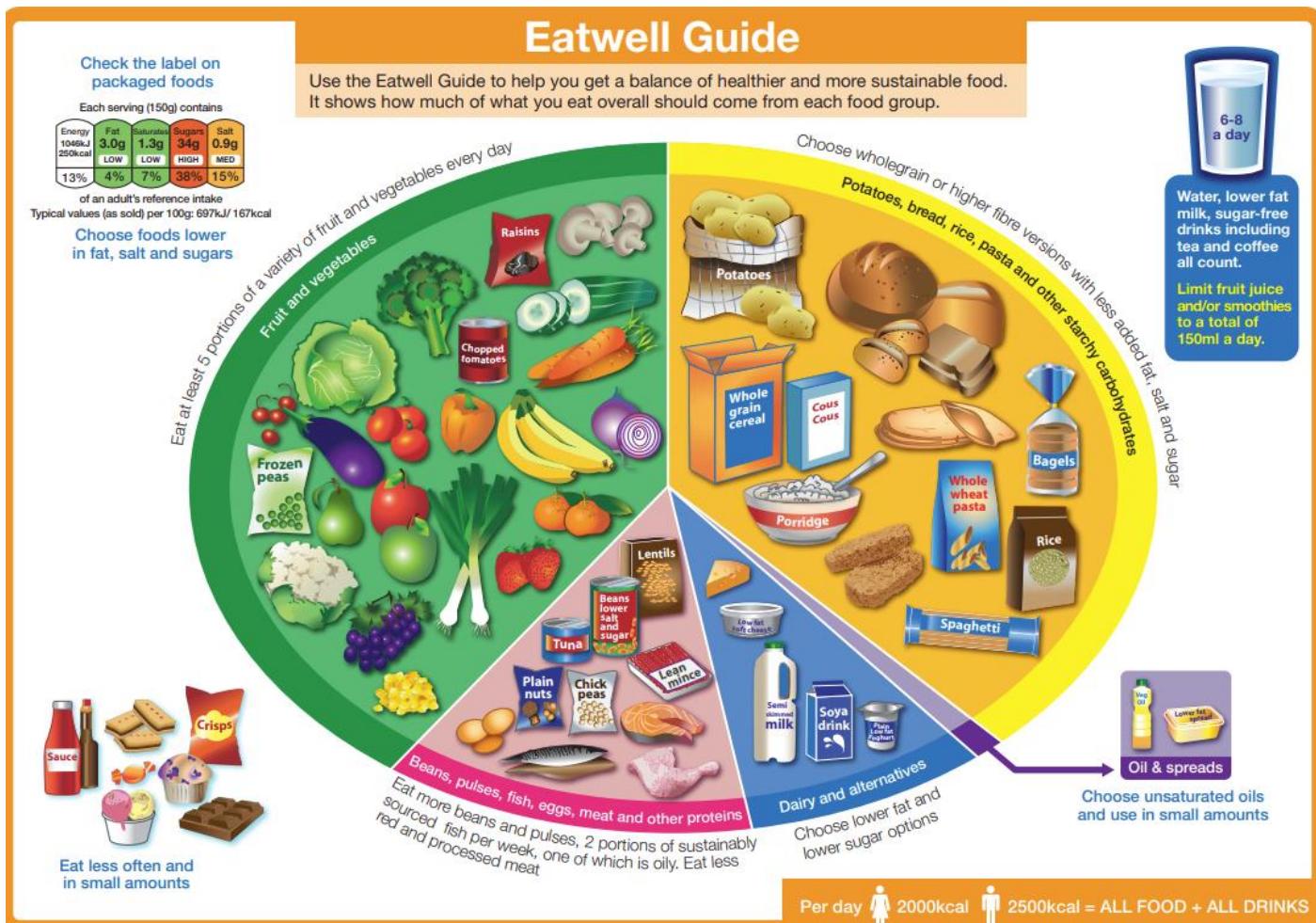
Diary dates for your diary			
February	Monday	16 th	½ term
March	Monday	2 nd	Class photos
	Thursday	5 th	World Book Day
	Tuesday	17 th	Parents evenings
	Thursday	19 th	Parents evenings
	Saturday	21 st	PFA Bingo
	Friday	27 th	LAST DAY OF TERM

* Dates may be subject to change

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group





2025 – 2026 ACADEMIC CALENDAR

Spring term

Tuesday 6 January - Friday 27 March 2026

Half-term holiday:

Monday 16 - Friday 20 February 2026

Easter holiday:

Monday 30 March - Monday 13 April 2026

Summer term



INSET: Monday 13th April - the school will be closed to pupils on this day

Tuesday 14 April - Friday 17 July 2026
(Monday 4 May is a bank holiday)

Half-term holiday: Monday 25 - Friday 29 May 2026

Summer Holidays: Monday 20th July – 3rd September

2026 – 2027 ACADEMIC CALENDAR

Autumn term

INSET: Tuesday 1st/ Wednesday 2nd September - school will be closed to pupils

Thursday 3rd September- Friday 18th December

Half-term holiday:

Friday 23rd October (school closed on this day) - Friday 30th October 2026

Spring term

INSET: Monday 4th January 2027 - school will be closed to pupils

Tuesday 5 January - Friday 27 March 2027

Half-term holiday:

Monday 15 - Friday 19 February 2027

Easter holiday:

Friday 26th March - Tuesday 13 April 2027

Summer term

INSET: Monday 12th April - the school will be closed to pupils

Tuesday 15th April – Wednesday 21st July 2027
(Monday 3rd May is a bank holiday)

Half-term holiday: Monday 31st May - Friday 4th June 2027

Summer Holidays: Friday 22nd July – 3rd September