

# Spring / Summer Menu Week 1

13th April, 4th May, 25th May, 15th June, 6th July, 7th Sept, 28th Sept, 19th Oct 2026

**Eativerse**  
UNIVERSITY OF YORK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage in a Roll with Potato Wedges	Mild Beef & Bean Chill with Rice	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Sausage & Sweetcorn Pizza with Potato Wedges	Fish Fingers & Chips
Main Meal Option 2	Pasta Spirals in Tomato Sauce, Topped with Cheese & Vegetables	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetables	Cheese & Onion Bake & Chips
Vegetables	Choice of Seasonal Veg				
Sandwiches & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo, Cheese
Dessert	Chocolate Fudge Cake	Iced Sponge	Fruit Jelly	Vanilla Cookie	Ice Cream

Available Daily: Choice of Seasonal Fruit

Portion(s) of Fruit or Veg



Source of Wholegrain



Contains plant-based proteins



50% Fruit



Oily Fish



Vegan

VG

England's target for 'free sugar' intake for your child  
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring / Summer Menu Week 2 30th March, 20th April, 11th May, 1st June, 22nd June, 13th July, 14th Sept, 5th Oct, 26th Oct 2026

**Fativerse**  
NUTRITION FOR THE FUTURE

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option 1</b>	Sausage & Mash with Gravy	Beef Lasagne with Garlic Bread	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Rainbow Vegetable Pizza with Potato Wedges	Fish Fingers & Chips
<b>Main Meal Option 2</b>	Veggie Sausage & Mash with Gravy 	Plant-based Lasagne with Garlic Bread	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes	Spaghetti with Plant-based Meatballs in an Arrabbiata Sauce 	Cheese Quiche & Chips
<b>Vegetable</b>	Choice of Seasonal Veg 				
<b>Sandwiches &amp; Pasta</b>	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Pasta with Cheese or Tomato & Basil Sauce 				
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans  Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans  Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans  Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans  Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans   Cheesy Beans, Tuna Mayo or Cheese
<b>Dessert</b>	Vanilla Cookie	Fruit Jelly 	Blueberry Cake & Custard	Flapjack 	Chocolate Mousse

Available Daily: Choice of Seasonal Fruit

Portion(s) of Fruit or veg



Source of Wholegrain



Contains plant-based proteins



50% Fruit



Oily Fish



Vegan



VG

England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring / Summer Menu Week 3

6th April, 27th April, 18th May, 8th June, 29th June, 20th July, 31st Aug, 21st Sept, 12th Oct 2026



WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option 1</b>	Burger with Potato Wedges	Sweet & Sour Chicken with White Rice	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Potato Wedges	Fish Fingers & Chips
<b>Main Meal Option 2</b>	Macaroni Cheese with Veg of the Day	Pasta Twists in a Tomato & Basil Sauce	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Pasta and Cauliflower Cheese Bake	Cheese & Onion Roll with Chips
<b>Vegetable</b>	Choice of Seasonal Veg				
<b>Sandwiches &amp; Pasta</b>	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Pasta with Cheese or Tomato & Basil Sauce				
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans Cheesy Beans, Tuna Mayo or Cheese
<b>Dessert</b>	Chocolate Cookie	Pineapple Upside Down Cake & Custard	Fruit Jelly	Chocolate & Apple Cake	Iced Sponge Cake

Available Daily: Choice of Seasonal Fruit

Portion(s) of Fruit or Veg



Source of wholegrain



Contains plant-based proteins



50% Fruit



Oily fish



Vegan



England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.